

## Graduate Program Requirements

### Creative Arts Therapies Program Requirements

Currently displaying program requirements for academic year: GRAD 2011-2012 ▼

#### Dance Therapy Alt Rt MA

Columbia College's Master of Arts Program trains students to become practitioners who utilize dance/movement therapy and counseling methods as a means to understand people, the nature of their strivings and conflicts, and as a means of facilitating healing and growth. The student learning outcomes include: 1. Knowledge and application of theories, methods, and techniques in the practice of dance/movement therapy and counseling. 2. Knowledge of the human body and how its systems affect functional, expressive, communicative and developmental aspects of movement. 3. Knowledge and application of techniques for observing, assessing, and researching verbal and non-verbal communication in dance/movement therapy and counseling. 4. Awareness and understanding of the roles and function of a counselor and dance/movement therapist within facilities and environments that treat individuals, families, and groups with the highest ethical standards. 5. Development of the reflective use of self in understanding the therapeutic process and ethical therapeutic relationships including the impact of environmental, social and cultural factors. 6. Understanding the role of creativity, its development and application in the therapeutic relationship and healing process. The desired outcomes for the program include providing students with a solid foundation of theories in counseling/psychotherapy, dance/movement therapy, movement assessment, and principles of group therapy. Experience through fieldwork and internship fosters the ability to develop a professional career.

30-35 total credits are required to complete this program. A CGPA of 3.0 or higher is required.

#### DMT Alt Rt MA

##### Group Processes

Courses: 1/1

Course	Title	Credits	Grade
<b>70-6225</b>	<b>Methods of Group Therapy</b>	<b>3</b>	<b>B</b>

##### Theory & Practice

Courses: 6/12

Course	Title	Credits	Grade
<b>70-6110</b>	<b>Dance Mvt Therapy Theory I</b>	<b>3</b>	<b>B</b>
<b>70-6115</b>	<b>Dance/Movement Therapy II</b>	<b>3</b>	<b>B</b>
<b>70-6310</b>	<b>IntroBody/Mind:ExperInMvmnt</b>	<b>2</b>	<b>B</b>
<b>70-6135</b>	<b>Social and Cultural Foundations</b>	<b>3</b>	<b>B</b>
<b>70-6120</b>	<b>Clinical Appraisal and Treatment</b>	<b>3</b>	<b>B</b>
<b>70-6125</b>	<b>Addictions Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6126</b>	<b>Family Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6800J</b>	<b>Performance as Therapy</b>	<b>1</b>	<b>B</b>
<b>70-6810J</b>	<b>Creative Arts Therapies</b>	<b>1</b>	<b>B</b>
<b>70-6820J</b>	<b>Trauma and Recovery with Dance/ Movement Therapy</b>	<b>1</b>	<b>B</b>
<b>70-6830</b>	<b>Expressive Arts Therapy</b>	<b>1</b>	<b>B</b>
<b>70-6835</b>	<b>Kestenberg Movement Profile</b>	<b>1</b>	<b>B</b>

##### Movement Observation

Courses: 2/2

Course	Title	Credits	Grade
<b>70-6315</b>	<b>Observation &amp; Assess I</b>	<b>3</b>	<b>B</b>

<b>70-6320</b>	<b>Observation and Assessment of Movement II</b>	<b>3</b>	<b>B</b>
<b>Internship</b>		Courses:	2/2
Course	Title	Credits	Grade
<b>70-6589</b>	<b>Internship I/Clinical Supervision</b>	<b>3</b>	<b>B</b>
<b>70-6590</b>	<b>Internship II/Clinical Supervision</b>	<b>2</b>	<b>B</b>

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