

## Graduate Program Requirements

### Creative Arts Therapies Program Requirements

Currently displaying program requirements for academic year: GRAD 2012-2013 ▼

#### Dance Mvmnt Therapy MA12

60 credits required. Grade of "B" or better required in all courses. CGPA of 3.0 or better required. Columbia College's Master of Arts Program trains students to become practitioners who utilize dance/movement therapy and counseling methods as a means to understand people, the nature of their strivings and conflicts, and as a means of facilitating healing and growth. The student learning outcomes include: 1. Knowledge and application of theories, methods, and techniques in the practice of dance/movement therapy and counseling. 2. Knowledge of the human body and how its systems affect functional, expressive, communicative and developmental aspects of movement. 3. Knowledge and application of techniques for observing, assessing, and researching verbal and non-verbal communication in dance/movement therapy and counseling. 4. Awareness and understanding of the roles and function of a counselor and dance/movement therapist within facilities and environments that treat individuals, families, and groups with the highest ethical standards. 5. Development of the reflective use of self in understanding the therapeutic process and ethical therapeutic relationships including the impact of environmental, social and cultural factors. 6. Understanding the role of creativity, its development and application in the therapeutic relationship and healing process. The desired outcomes for the program include providing students with a solid foundation of theories in counseling/psychotherapy, dance/movement therapy, movement assessment, and principles of group therapy. Experience through fieldwork and internship fosters the ability to develop a professional career.

#### Dance Movement Therapy

Semesters of required enrollment include summer semesters. This program begins its first semester with a summer start.

##### First Semester

Courses: 3/3

Course	Title	Credits	Grade
<b>70-6135</b>	<b>Social and Cultural Foundations</b>	<b>3</b>	<b>B</b>
<b>70-6310</b>	<b>IntroBody/Mind:ExperInMvmnt</b>	<b>2</b>	<b>B</b>
<b>70-6699</b>	<b>Introduction to Laban</b>	<b>1</b>	<b>B</b>

##### Second Semester

Courses: 4/4

Course	Title	Credits	Grade
<b>70-6110</b>	<b>Dance Mvt Therapy Theory I</b>	<b>3</b>	<b>B</b>
<b>70-6210</b>	<b>Human Development</b>	<b>3</b>	<b>B</b>
<b>70-6220</b>	<b>Theories &amp; Princs of Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6315</b>	<b>Observation &amp; Assess I</b>	<b>3</b>	<b>B</b>

##### Third Semester

Courses: 4/4

Course	Title	Credits	Grade
<b>70-6115</b>	<b>Dance/Movement Therapy II</b>	<b>3</b>	<b>B</b>
<b>70-6215</b>	<b>Psychopathology</b>	<b>3</b>	<b>B</b>
<b>70-6230</b>	<b>Clinical Tech Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6410</b>	<b>Research Methods</b>	<b>3</b>	<b>B</b>

Course 70-6126 may be taken in a seventh semester of enrollment.

Courses: 3/3

**Fourth Semester**

Course	Title	Credits	Grade
<b>70-6414</b>	<b>Literature Review Seminar</b>	<b>1</b>	<b>B</b>
<b>70-6225</b>	<b>Methods of Group Therapy</b>	<b>3</b>	<b>B</b>
<b>70-6515</b>	<b>Professional, Legal &amp; Ethical Responsibilities through Fieldwork</b>	<b>3</b>	<b>B</b>

**Fifth Semester**

Courses: 4/4

Course	Title	Credits	Grade
<b>70-6125</b>	<b>Addictions Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6320</b>	<b>Observation and Assessment of Movement II</b>	<b>3</b>	<b>B</b>
<b>70-6415</b>	<b>Thesis Seminar</b>	<b>1</b>	<b>B</b>
<b>70-6589</b>	<b>Internship I/Clinical Supervision</b>	<b>3</b>	<b>B</b>

Students must maintain continuous Thesis registration semester by semester until completion of the project.

**Sixth Semester**

Courses: 4/4

Course	Title	Credits	Grade
<b>70-6120</b>	<b>Clinical Appraisal and Treatment</b>	<b>3</b>	<b>B</b>
<b>70-6420</b>	<b>Graduate Thesis</b>	<b>1</b>	<b>B</b>
<b>70-6590</b>	<b>Internship II/Clinical Supervision</b>	<b>3</b>	<b>B</b>
<b>70-6600</b>	<b>Lifestyles and Career Counseling</b>	<b>3</b>	<b>B</b>

**Seventh Semester**

Courses: 1/1

Course	Title	Credits	Grade
<b>70-6126</b>	<b>Family Counseling</b>	<b>3</b>	<b>B</b>

Take 1 of the following courses before the end of your sixth semester.

**Electives**

Courses: 1/1

Course	Title	Credits	Grade
<b>70-5800J</b>	<b>Performance as Therapy</b>	<b>1</b>	<b>B</b>
<b>70-5810J</b>	<b>Creative Arts Therapies</b>	<b>1</b>	<b>B</b>
<b>70-6820J</b>	<b>Trauma and Recovery with Dance/ Movement Therapy</b>	<b>1</b>	<b>B</b>
<b>70-5830</b>	<b>Expressive Arts Therapy</b>	<b>1</b>	<b>B</b>
<b>70-6835</b>	<b>Kestenberg Movement Profile</b>	<b>1</b>	<b>B</b>

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