# **Graduate Program Requirements**

## **Creative Arts Therapies Program Requirements**

Currently displaying program requirements for academic year: GRAD 2014-2015

### **Dance Mymnt Therapy MA14**

#### 60 credits required.

Grade of "B" or better required in all courses. CGPA of 3.0 or better required. Columbia College's Master of Arts Program trains students to become practitioners who utilize dance/movement therapy and counseling methods as a means to understand people, the nature of their strivings and conflicts, and as a means of facilitating healing and growth. The student learning outcomes include:

- Knowledge and application of theories, methods, and techniques in the culturally informed practice of the performing creative arts therapies.
- Knowledge and application of theories, methods, and techniques in the culturally informed practice of counseling psychology.
- Awareness and understanding of the roles and function of a performing creative arts therapist and counselor within facilities and environments that treat individuals, families, and groups with the highest ethical standards.
- Development of the reflective use of self in understanding the therapeutic process and ethical therapeutic relationships.
- Understanding the role of the creative process, its development, and application in clinical practice and wellness.
- Knowledge of the body and how its systems affect functional, expressive, communicative and developmental aspects of movement.
- Knowledge and application of methods for observation, assessment, and research.

The desired outcomes for the program include providing students with a solid foundation of theories in counseling/psychotherapy, dance/movement therapy, movement assessment, and principles of group therapy. Experience through fieldwork and internship fosters the ability to develop a professional career.

### **Dance Movement Therapy**

Semesters of required enrollment include summer semesters. This program begins its first semester with a summer start.

First Semester		Courses:	3/3
Course	Title	Credits	Grade
70-6135	Social and Cultural Foundations	3	В
70-6310	Intro to the Body/Mind: Experience in Movement	2	В
70-6699	Introduction to Laban	1	В
Second Semester		Courses:	4/4
Course	Title	Credits	Grade
70-6110	Dance Mvt Therapy Theory I	3	В
70-6210	Human Development	3	В
70-6410	Research Methods	3	В
70-6315	Observation & Assessment of Movement I	3	В
Third Semester		Courses:	4/4
Course	Title	Credits	Grade
70-6115	Dance/Movement Therapy Theory II	3	В
70-6215	Psychopathology	3	В

70-6220	Theories & Principles of Counseling	3	В
70-6320	Observation and Assessment of Movement II	3	В
Course 70-6126 m	nay be taken in a seventh semester of enrollment.		
Fourth Semester	r	Courses:	3/3
Course	Title	Credits	Grade
70-6414	Literature Review Seminar	1	В
70-6225	Methods of Group Therapy	3	В
70-6515	Professional, Legal & Ethical Responsibilities through Fieldwork	3	В
Fifth Semester		Courses:	4/4
Course	Title	Credits	Grade
70-6120	Clinical Appraisal and Treatment Planning	3	В
70-6230	Clinical Techniques of Counseling	3	В
70-6415	Thesis Seminar	1	В
70-6589	Internship I/Clinical Supervision	3	В
Students must ma	nintain continuous Thesis registration semester by semester until completion of the p	roject.	
Sixth Semester		Courses:	4/4
Course	Title	Credits	Grade
70-6125	Addictions Counseling	3	В
70-6126	Family Counseling	3	В
70-6420	Graduate Thesis	1	В
70-6590	Internship II/Clinical Supervision	3	В
Seventh Semester		Courses:	1/1
Course	Title	Credits	Grade
70-6600	Lifestyles and Career Development	3	В
Take 1 of the follo	wing courses before the end of your sixth semester.		
Electives		Courses:	1/1
Course	Title	Credits	Grade
70-5800J	Performance as Therapy	1	В
70-5810J	Introduction to Creative Arts Therapies	1	В
70-5840	Special Topics:	1	В
70-6820J	Trauma and Recovery with Dance/ Movement Therapy	1	В
70-5830	Introduction to Expressive Arts Therapy	1	В

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