

## Graduate Program Requirements

### Creative Arts Therapies Program Requirements

Currently displaying program requirements for academic year: GRAD 2014-2015 ▼

#### Dance Therapy AltRt MA14

##### 30 credits required.

Grade of "B" or better required in all courses. CGPA of 3.0 or better required. Columbia College's Master of Arts Program trains students to become practitioners who utilize dance/movement therapy and counseling methods as a means to understand people, the nature of their strivings and conflicts, and as a means of facilitating healing and growth. The student learning outcomes include:

- Knowledge and application of theories, methods, and techniques in the culturally informed practice of the performing creative arts therapies.
- Knowledge and application of theories, methods, and techniques in the culturally informed practice of counseling psychology.
- Awareness and understanding of the roles and function of a performing creative arts therapist and counselor within facilities and environments that treat individuals, families, and groups with the highest ethical standards.
- Development of the reflective use of self in understanding the therapeutic process and ethical therapeutic relationships.
- Understanding the role of the creative process, its development, and application in clinical practice and wellness.
- Knowledge of the body and how its systems affect functional, expressive, communicative and developmental aspects of movement.
- Knowledge and application of methods for observation, assessment, and research.

The desired outcomes for the program include providing students with a solid foundation of theories in counseling/psychotherapy, dance/movement therapy, movement assessment, and principles of group therapy. Experience through fieldwork and internship fosters the ability to develop a professional career.

#### DMTC Alt Rt MA

##### Group Processes

Courses: 1/1

Course	Title	Credits	Grade
<b>70-6225</b>	<b>Methods of Group Therapy</b>	<b>3</b>	<b>B</b>

##### Theory & Practice

Courses: 6/12

Course	Title	Credits	Grade
Courses ending in "J" are offered in J-session only.			
<b>70-6110</b>	<b>Dance Mvt Therapy Theory I</b>	<b>3</b>	<b>B</b>
<b>70-6115</b>	<b>Dance/Movement Therapy Theory II</b>	<b>3</b>	<b>B</b>
<b>70-6310</b>	<b>Intro to the Body/Mind: Experience in Movement</b>	<b>2</b>	<b>B</b>
<b>70-6135</b>	<b>Social and Cultural Foundations</b>	<b>3</b>	<b>B</b>
<b>70-6120</b>	<b>Clinical Appraisal and Treatment Planning</b>	<b>3</b>	<b>B</b>
<b>70-6125</b>	<b>Addictions Counseling</b>	<b>3</b>	<b>B</b>
<b>70-6126</b>	<b>Family Counseling</b>	<b>3</b>	<b>B</b>
<b>70-5800J</b>	<b>Performance as Therapy</b>	<b>1</b>	<b>B</b>
<b>70-5810J</b>	<b>Introduction to Creative Arts Therapies</b>	<b>1</b>	<b>B</b>
<b>70-5840</b>	<b>Special Topics:</b>	<b>1</b>	<b>B</b>

<b>70-6820J</b>	<b>Trauma and Recovery with Dance/ Movement Therapy</b>	<b>1</b>	<b>B</b>
<b>70-5830</b>	<b>Introduction to Expressive Arts Therapy</b>	<b>1</b>	<b>B</b>
<b>70-6835</b>	<b>Kestenberg Movement Profile</b>	<b>1</b>	<b>B</b>
<b>Movement Observation</b>		Courses:	2/2
Course	Title	Credits	Grade
<b>70-6315</b>	<b>Observation &amp; Assessment of Movement I</b>	<b>3</b>	<b>B</b>
<b>70-6320</b>	<b>Observation and Assessment of Movement II</b>	<b>3</b>	<b>B</b>
<b>Internship</b>		Courses:	2/2
Course	Title	Credits	Grade
<b>70-6589</b>	<b>Internship I/Clinical Supervision</b>	<b>3</b>	<b>B</b>
<b>70-6590</b>	<b>Internship II/Clinical Supervision</b>	<b>3</b>	<b>B</b>

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