

Graduate Program Requirements

Creative Arts Therapies Program Requirements

Currently displaying program requirements for academic year: GRAD 2013-2014 ▼

Dance Therapy AltRt MA13

30 credits required.

Grade of "B" or better required in all courses. CGPA of 3.0 or better required. Columbia College's Master of Arts Program trains students to become practitioners who utilize dance/movement therapy and counseling methods as a means to understand people, the nature of their strivings and conflicts, and as a means of facilitating healing and growth. The student learning outcomes include:

- Knowledge and application of theories, methods, and techniques in the practice of dance/movement therapy and counseling.
- Knowledge of the human body and how its systems affect functional, expressive, communicative and developmental aspects of movement.
- Knowledge and application of techniques for observing, assessing, and researching verbal and non-verbal communication in dance/movement therapy and counseling.
- Awareness and understanding of the roles and function of a counselor and dance/movement therapist within facilities and environments that treat individuals, families, and groups with the highest ethical standards.
- Development of the reflective use of self in understanding the therapeutic process and ethical therapeutic relationships including the impact of environmental, social and cultural factors.
- Understanding the role of creativity, its development and application in the therapeutic relationship and healing process.

The desired outcomes for the program include providing students with a solid foundation of theories in counseling/psychotherapy, dance/movement therapy, movement assessment, and principles of group therapy. Experience through fieldwork and internship fosters the ability to develop a professional career.

DMTC Alt Rt MA

Group Processes Courses: 1/1

Course	Title	Credits	Grade
70-6225	Methods of Group Therapy	3	B

Theory & Practice Courses: 6/12

Course	Title	Credits	Grade
Courses ending in "J" are offered in J-session only.			
70-6110	Dance Mvt Therapy Theory I	3	B
70-6115	Dance/Movement Therapy II	3	B
70-6310	IntroBody/Mind:ExperInMvmnt	2	B
70-6135	Social and Cultural Foundations	3	B
70-6120	Clinical Appraisal and Treatment	3	B
70-6125	Addictions Counseling	3	B
70-6126	Family Counseling	3	B
70-5800J	Performance as Therapy	1	B
70-5810J	Introduction to Creative Arts Therapies	1	B
70-6820J	Trauma and Recovery with Dance/ Movement Therapy	1	B

70-5830	Introduction to Expressive Arts Therapy	1	B
70-6835	Kestenberg Movement Profile	1	B
Movement Observation		Courses:	2/2
Course	Title	Credits	Grade
70-6315	Observation & Assess I	3	B
70-6320	Observation and Assessment of Movement II	3	B
Internship		Courses:	2/2
Course	Title	Credits	Grade
70-6589	Internship I/Clinical Supervision	3	B
70-6590	Internship II/Clinical Supervision	3	B

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